

Take Home Sheet

~ James 1: 1-8 ~ FAITH, TROUBLES & WISDOM ~

Carry on the conversation at home and build faith with us!

Truth the changes me:

My faith will grow when I trust in God and ask Him for wisdom in all parts of my life. In the good times and the hard times.

Memory verse:

“Do any of you need wisdom? Ask God for it. He is generous and enjoys giving to everyone. So he will give you wisdom. But when you ask God, you must believe. Don’t doubt him. Whoever doubts is like a wave in the sea that is blown up and down by the wind. James 1: 5-6 (ERV)

Talk Together:

Would you expect this toddler to be able to lift a huge and heavy weight? Of course not! But as this child grows up and over time exercises and improves their strength, in time (as an adult) they could be able to lift it.

Our faith can be like this, it can ‘grow up’. Our faith can grow stronger as we use it.

A strong faith helps us trust in God, and a strong faith helps us to obey God, even when it’s hard.



This is something we can learn from James in the Bible. That we can grow a strong faith and follow God no matter how hard it is.

Read: James 1: 1-8 and discuss together -

- What happens when our faith grows through troubles and testing?
- Is this a reason for having joy or grumpiness?
- Why does having God’s wisdom help our faith to grow?

Proverbs 3:5-6 tells us what we can do to help our faith grow. “Trust the Lord completely, and don’t depend on your own knowledge. With every step you take, think about what he wants, and he will help you go the right way.”

Live it out: Do some easy exercises together, then some more strenuous ones and feel your muscles working. Remind each other this week that God invites us to exercise our faith too, so that it will grow.

Put the memory verse card up somewhere in your house where everyone can see it and practice saying every day.

Prayer: Dear God, thank you for teaching us that our faith can grow, helping us to trust in you more. Thank you that we can ask you for wisdom and you will generously give it to us. Amen.