



Take Home Sheet

Carry on the conversation at home and build faith with us!



Truth that changes me:

Nehemiah knows God's promise to live with his people, so he prays.



Faith in Kids looks like:

Children who trust God's promises, so they pray.

Enjoy watching our Nehemiah video together, then choose a path to follow:

- "Talk together" gently starts a conversation about today's big truth.
- "Open the Bible" encourages you to read and apply the truth together.

Watch the Video

- Who did you meet?
- What was his job?



Talk Together

Read the verse: *When I heard these things, I sat down and cried for several days. I was sad and did not eat food. I prayed to the God of heaven. (Nehemiah 1:4)*

Use the picture and the verse to work out:

- Who is in this picture?
- How does he feel?
- What is he doing?

Nehemiah knew that he could pray to God about anything, any time and in any place. We can do that too – God always loves to hear us! Can you think of:

- 3 places where we could pray.
- 2 times when we could pray.
- 1 thing you would like to pray about today.

Live it out: Nehemiah prayed to God when he needed help, we imagined it like a prayer-o-plane – could you write a prayer on a paper plane and send it?

A prayer to pray: Dear God, thank you that we can pray to you when we are sad, when we are scared and when we are happy. Thank you that we can pray to you any time. Amen.

Open the Bible

Read Nehemiah 2:1-10 and use the picture to talk through the following questions:

7s and under

- Who did Nehemiah talk to when he felt sad? (Two answers!)
- Why did he pray?
- Nehemiah prayed when he was sad and when he needed help. When could you pray to God?

8s and over

- Why do you think Nehemiah cared so much about a ruined city miles away?
- Why do you think he prayed (v4) before he spoke to the King?
- What do you usually do when you are upset? What could you say to God in that moment?

Live it out: Nehemiah knew he could pray anywhere, anytime. How many different places can you pray in this week?

Pray: Thank God that we can pray to him about all kinds of things anytime. Thank God that he keeps all of his promises and will help us to live for him. Ask God to help you to trust his promises and to pray more.